



Lake Norman Open

Hosted By Lake Norman Yacht Club & Wake Forest

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SAILING INSTRUCTIONS

1. RULES

1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), [the Procedural Rules](#) (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the [SAISA Rules and Regulations](#), except as any of these are modified by these Sailing Instructions.

1.2. PR 32 shall be in effect.

2. NOTICES TO COMPETITORS

2.1. Notices will be announced at the skipper's meeting before racing on Saturday morning.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

Saturday

900 Report Time

920 Competitors Meeting ASAP First Warning Signal

1530 No Starting Signal After

5. FORMAT

1. 5.1. The event will be sailed in two divisions using Vanguard 15s and 420s.
2. 5.2. A single round robin is scheduled. Competitors will NOT rotate.
3. 5.3. A-Division will sail Saturday in Vanguard 15s, while B-Division will sail in 420s.

6. BOATS & EQUIPMENT

1. 6.1. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
2. 6.2. The standing rigging shall not be adjusted. The jib halyard is not considered standing rigging.
3. 6.3. Competitors shall report all damage or loss of equipment, however slight, to Lake Norman Yacht Club representative or to the Race Committee Finish Boat on the water.

7. ROTATION

7.1. The rotation of boats will be in accordance with the online rotation on techscore (boats will not rotate throughout the day).

8. MARKS

8.1. The turning marks shall be the color/size announced by the race committee at the skipper's meeting prior to racing.

9. COURSE

9.1. Courses will be announced orally and taken from the course diagrams *on* the Official Notice Board and on the Techscore notice board.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

11. PROTESTS

11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

11.2. Protests shall be filed within 20 minutes after securing boats at the beginning of a shore-side postponement or after the RC

11.3 Hearings may be public and deliberations may be private.

12. SAFETY

12.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

12.2. Starts will not be delayed accommodating capsized boats.

13. COACHING

13.1. PR 19 will apply.

14 SAISA REP

A SAISA Rep is appointed to pass along, or not pass along, comments from the peanut gallery to the Race Committee.